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HOMOEEO

LAKSHYA



Education is that which enables one, to stand on his own legs- Swami Vivekanand

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Walbum's Stimulation Therapy and Homoeopathy: A Good Assistant to understand Homoeopathic Drug Proving

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INTRODUCTION:

Homoeopathy – A healing Science with gentle Mode of Treatment. This therapeutic science is based on the eternal principles of nature with their artistic application. In present time, Modern Medical Science considers Homoeopathy as alternative or complementary method of treatment. Many peripheral theories and experiments support homoeopathic principles for its valuable existence. Walbum's Stimulation Therapy is one of the peripheral experiments that help us to understand the certain aspect of our Homoeopathic Drug Proving.

KEYWORDS: Homoeopathy, Walbum's Stimulation Therapy, Drug Proving

MAIN TEXT:

- According to Merriam-Webster Dictionary, Experiment is “An operation or Procedure carried out under controlled conditions in order to discover an unknown effect or law⁽³⁾, to test or establish a hypothesis, or to illustrate a known law”. Drug Proving is a form of experiment that is carried out to explore the effects of drug or any substance having capacity to heal the sick.⁽¹⁾
- Homoeopathic Drug Proving is technical way of ascertaining the pathogenetic power of various drug substances. Dr. Hahnemann mentioned about Drug proving and its method in Organon of Medicine. In this book named Organon of Medicine he described about the Drug Proving in aphorism 105 to 145 with special emphasis on certain rules and principles which are required for ascertain the pathogenetic power of drug.

Like Hahnemann, Walbum was also famous for his Metal Salt therapy and various experimentations. Co-relation between his therapy and Homoeopathy was described by Dr. Otto Leeser in very precise manner. Dr. Hahnemann's drug proving in Human being and Walbum's animal experiment seems very different matter. In spite of the different subject used in both proving, Walbum's stimulation therapy and Homoeopathic drug proving principles were similar in many contexts.

So, let's take brief glimpses on some experiments of Walbum and its co-relation with Homoeopathy. ^(2,3)

- 1) Requirement of Minimum Dose
- 2) Specificity (individuality in effect)
- 3) Diet effect during Experiment

1) **Requirement of Minimum Dose**-According to Hahnemann, Minimum dose is required to stimulate vital force to initiate action. He described about it in Organon of medicine **Aph. 129** in following lines, "*It is advisable to commence in every instance with a small dose of drug and where suitable and requisite, to increase the dose more and more from day to day.*" And even for treatment he mentioned about small dose in **Aph. 246**.

On other hand as per Dr. Otto Leeser, "To stimulate the defense of the organism of the host against artificial infections and indeed against artificially produced growths (tar carcinoma). Thereby Walbum obtained rules of dosage which are completely in harmony with those of Homoeopathy, not only in respect to the minimal concentrations (up to the 23rd potency!) but also in the recognition of an optimal dose. This optimum is not only below the dose which is damaging to the bacteria and the host, but it must also remain below the zone in which it stimulates bacterial growth. Here also the stimulative action on the two biologic units which stand in combat with each other represents the central point. It is obviously shown that the sensitivity of the host must be taken into account in the single phases. Also, the increased sensitivity of the diseased organism which stands in combat, in contradistinction to the normal organism, was demonstrated and observed. Just as Homoeopathy so, Walbum perceives in such stimulation therapy an alteration with a long after-effect". (Page 5)

As per above the mentioned matter it is clear that any experiment related to biological science needs smaller dose to initiate action and for perceiving initial effect.

2) **Specificity (individuality in effect)** -Hahnemann mentioned about the difference between various plants (species) in their specific effects. Which he described in **Aph. 119** as follows,

“As certainly as every species of plant differs in its external form, mode of life and growth, in its taste and smell from every other species and genus of plant, as certainly as every mineral and salt differs from all others, in its external as well as its internal physical and chemical properties (which alone should have sufficed to prevent any confounding of one with another), so certainly do they all differ and diverge among themselves in their pathogenetic - consequently also in their therapeutic - effects. Each of these substances produces alterations in the health of human beings in a peculiar, different, yet determinate manner, so as to preclude the possibility of confounding one with another.” On another pole, Walbum mentioned about action of different metals in different diseases on the basis of his experiment which is also important point similar to Homoeopathic Drug Proving Principles.

As per above mentioned paragraph, to understand individuality in action of different substances is also pivotal necessity in experiments.

- 3) ***Diet effect during experiment*** – Hahnemann mentioned regarding this matter in **Aph. 125** where he said “During all the time the experiment lasts the diet must be strictly regulated; it should be as much as possible destitute of spices, of a purely nutritious and simple character, green vegetable, roots and all salads and herb soups (which, even when most carefully prepared, possess some disturbing medicinal qualities) should be avoided. The drinks are to be those usually partaken of, as little stimulating as possible.”

While Walbum founded that the nutriment of the animal was essential for the success or failure of the animal investigation. If fresh milk was added to the food of the mice infected with ratin bacilli, for example, the caesium treatment failed.

Both understand the effect of diet in experiments that indicates the importance of particular experimental conditions in target experiment.

CONCLUSION:

Observation on another phenomenon similar to the phenomena and concepts of Homoeopathy help us to understand the Homoeopathy in broader aspect. It also shows the immortality of our homoeopathic concepts and helps to establish plausibility of our Gentle Healing Science Called Homoeopathy. Intention to write this article is to help those Students and Practitioners who want to understand the Homoeopathic Principles and concepts in broader way.

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- 1) Hahnemann Samuel, Organon of Medicine, 6th edition, New Delhi India: Indian Books & Periodicals Publishers; page no.185, 188, 190, 252.
- 2) Boyd. J. Linn, Text Book of Homeopathic Materia Medica by Otto Lesser, New Delhi; B. Jain Publishers Pvt. Ltd; Page no. 5
- 3) *Merriam-Webster Dictionary.*

Model Making competition on Occasion of Doctor's Day & Dr. Hahnemann's Death Anniversary



Free Medical Treatment Camp On Occasion Of Doctor's Day & Dr. Hahnemann's Death Anniversary



CME-Hypertension Part 1 by Dr. Dipak Munshi



Seminar-Women & Child Development by WCD Department



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CME-Hypertension Part 2 by Dr. Dipak Munshi



CME-Presentation on Snakes by Mr. Yashpal Vyas



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Har Ghar Tiranga



Celebration of Independence day



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CME by Dr. Kamlesh Mehta & Dr. Jayesh Ghadiya



CME by Dr. Pankaj Lakhani & Dr. Subhash Ponkiya



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Primary Health Center Visit -Fourth B.H.M.S.(2021-23)

Date: 21st Sept. 2022

Department of Community Medicine



Valukad, Ta. Ghogha-Bhavnagar-Gujarat.



Swami Vivekanand Homoeopathic Medical College & Hospital, Bhavnagar - Gujarat.

Primary Health Center Visit -Fourth B.H.M.S.(2021-23)

Date: 22nd Sept. 2022

Department of Community Medicine



Valukad, Ta. Ghogha-Bhavnagar-Gujarat.

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