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Journey from Ancient times to Modern world

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ABSTRACT

Energy is a capacity of doing work at spiritual as well as physical level. Homoeopathy treat patient as a whole on the basis of law of Similia. From the ancient times to till today, moon is the important part of the human society and its days to day living. Luna is one of the natural sources derived Imponderabilia which have a diverse affinity for the human organism.

Keywords: Energy, Holistic approach, Homoeopathy, Imponderabilia, Luna, Moon, Rays.

INTRODUCTION:

"The Sun is the universal soul, the Moon mind, Mars strength, Mercury speech, Jupiter wisdom, Venus virility and Saturn sorrow and suffering"

Brihat Parasara Hora 1-13-1426.

Energy can be defined as² "a fundamental entity of nature that is transferred between parts of a system in the production of physical change within the system and usually regarded as the capacity for doing work or a positive spiritual force or a dynamic quality."

The word energy is originated from the word Latin – *energia or Greek* – *energeia with the* first known use in 1783.²

Dynamic, powerful, physical energies are famous for influencing various living and non-living forms as well as processes on the earth. Imponderabilia or energy sources are immaterial dynamic energies that are utilized as potentized homoeopathic medicines for the cure of the sick which are derived from the natural or artificial sources.^{3,4}

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Dec, 2024	2	НОМОЕО				
		IVKCHAV				

Natural sources	Artificial sources				
Luna	Electrictas [Clarke]				
Solar	X – ray [Boericke materia medica]				
Magnetic polus arcticus [Clarke]	Magnetis artificialis ⁴				
Magnetic polus australis [Clarke]	Radium brom ⁵				
Magnetic poli ambo [Clarke] ⁴					

Many traditional systems of medicine, and religions, have put forward the solar and lunar aetiologies of disease and warned for centuries about the solar eclipse or lunar eclipse. Human and animal physiology are influenced by seasonal, lunar, and circadian rhythms. Although the seasonal and circadian rhythms have been fairly well described, the effects of the lunar cycle on the behavior and physiology of humans and animals are still the subject of experimentation among many researchers But, if we dive into the historical aspect of this powerful element than we will be astonished to know about its effect on living beings which is like the sky is the limit. ^{7,8}

LUNA: Luna means the alchemical name for silver or the Roman goddess of the moon, Greek counterpart: Selene. The word originated from the Latin – moon. 9

"ya esa sodasa-kalah puroso bhagavan manomayo 'nnamayo "mrtamayo deva-pitr-manusya-bhuta-pasupaksi-sarispavirudham pranapy ayana-silavat sarvamaya iti varnayanti"

Srimad - Bhagavatam 5.22.10¹⁰

Explanation:

"Because the moon is full of all potentialities, it represents the influence of the Supreme Personality of Godhead. The moon is the predominating deity of everyone's mind, and therefore the moon-God is called Manomaya. He is also called Annamaya because he gives potency to all herbs and plants, and he is called Amrtamaya because he is the source of life for all living entities. The moon pleases the demigods, inhabitants of Pitrloka, animals, birds, reptiles, trees, plants and all other living entities. Everyone is satisfied by the presence of the moon. Therefore, the moon is also called Sarvamaya all pervading".

History of Moon and its effect: An extensive amount of literature has been conducted for investigating the association of different lunar phases with mental health, physical health, various diseases and human reproduction which received mixed reviews for association and non-association of diseases with lunar phases. ¹²There is a lengthy and surprisingly persistent association between the Moon and a woman's menstrual cycle which connection Etymologically is clear: the Greek word for Moon – 'mene' – and the Latin for month – 'mensis' – provide the root for the term 'menstruation'. ⁸The Hindu, Islamic and partially the Hebrew calendar use the lunar cycles for many different purposes. ¹³ Religious ceremonies and celebrations are also preferred on full or new moon days. Based on the Korean lunar calendar, a Korean festival Daeboreum, which is celebrated on the first full moon of the New Year and Loi Krathong is a Siamese festival celebrated in Thailand, where decorated lamps are floated in the river on the evening of full moon of the 12th month of the Thai lunar calendar. Connection between the lunar cycle and human behavior belief that lunacy occurs/increases during certain phases of the moon which is known as the "lunar effect". ¹⁴ One of the oldest objects was a Mesopotamian tablet from 172 BCE in *The Moon* exhibition at the National Maritime Museum which describes how to ward off the evil effects of a lunar eclipse, which were believed to threaten the life of the king. ⁸ Earlier legislations related to mental health of several countries used the word *lunacy* to denote the issue. ¹⁴

Ancient Indian History: Full moon nights are celebrated as moon festivals in India from the ancient times, which are known as "Purnima," like Guru Purnima, Gamha Purnima, and Magh Purnima. There are diverse number of festivals happen in India in relation to full/new moon days like Holi, Eid, Diwali, Shivratri etc.¹⁴

Greek and Roman History: traces of the idea that the stars and planets may influence human health and behaviour can be palpable from the Roman times, and research suggests a high proportion of health professionals continue to hold this belief. ¹⁵ Greek philosopher Aristotle and Roman historian Pliny proposed the idea about the influence of moon on brain because it is wet and one of moistest organs in the human body. The hypothesis said that moon's gravitational force influences the ocean waters so it can influence the brain activity too. ¹⁴

16th century History: Tracking the Moon's position becomes an "essential part" of medicine at the time of 16th century according to Louise Devoy, Curator of Royal Observatory Greenwich. Devoy explains that⁸, "They used the black spokes on these rotating paper discs – volvelles' – to keep track of the Moon's position". Full Moon was thought to intensify a patient's fever and waxing phases of the Moon were thought to enhance the benefits of bloodletting. 18th century History: Sir William Blackstone defined the term lunatic as¹⁴, "A lunatic, or non-compos mentis, is one who has lost the use of his reason and who has lucid intervals, sometimes enjoying his senses and sometimes not; and that frequently depending upon the changes of the moon."

Scientific concept of Luna and its effect: According to Scientific reviews, the full moon has an effect on behavior of human and animal minds.¹³

8 phases of the moon: New moon, waxing crescent, first quarter, waxing gibbous, full, waning gibbous, last quarter, and waning crescent, which follow one another at an interval of 3.69 days with the time requirement for the return to the same position is the lunar synodic cycle – approximately 29.5 days. ¹⁴ It has been observed that during full moon nights the moon creates a tidal effect on ocean because of the magnetic forces of earth and moon, which is also 80/ water of the earth's surface. For many species the Moon's grow is clue that it is a crucial time for their Survival. Lots of animals use this cycle to sync up for finding a mate. ¹³

If someone is mentally disturbed on Full moon day than on a new moon day, they will get little more disturbed than usual. When the moon takes certain positions, it heightens emotions you have, like If a person is joyful than will become more joyful and if angry than become angrier by enhancing everything that is present.¹³

Previous experimentation: Cohort study consisted of 1 million people from Taiwan's National Health Insurance Research Database (NHIRD) followed over eight years (1st January 2001–31st December 2008) shows the result in 58 diseases by using two-tailed, paired-t-test to compare the statistical significance of difference among outpatient visits for 1229 moon phase days and 1074 non-moon phase days by using International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) codes from NHIRD records. ¹²A study in 2013 conducted on 33 volunteers shows the result that it takes them five minutes longer to fall asleep during a Full Moon as well as 30% less time in sleep also.⁸

Homoeopathic Approach:

Complementary and alternative medicine approaches the patient by using holistic approach.¹⁶ The changes happening during the moon phases which influences the biological clock in human beings explain by Dr C. M. Boger in his book –THE TIME MODALITY AND MOON PHASES.¹⁷

Organon of medicine: In Organon of medicine, Dr Hahnemann give information about the energy sources in aphorism no. 7 - F.N., 280 - F.N., and aphorism no. 286.

Aphorism NO. 7 F.N.: Our earth, by virtue of a hidden invisible energy, carries the moon around her in twenty-eight days and several hours. ¹⁸

Dec, **2024** 4 **HOMOEO** LAKSHYA

RUBRICS:

- 1. Complete: MOON agg: New Generalities (49) ARS, NUXV, PHOS, PULS, RHUST, SABAD, SIL, SULP
- 2. Kent: Ecstasy, NightWalking in Moonlight-Ant-c.
- 3. Kent: Mind: Mood, alternating Moonlight: Ant-c, Bell, thuj
- 4Kent: Eye Moonlight amel eye symptoms: Aur
- 5. Kent: Vision: Moonlight amel: Aur
- 6. Kent: Generalities: Moonlight agg: Ant-c, hell, thuja.
- 7. Boenninghausen: Mind Moon, full: Sul
- 8. Boenninghausen: Moonlight, in: Ant-c
- 9. Boenninghausen: Ears: Hearing Moon, full: Sil
- 10. Boenninghausen: Cough Excited or Aggravated by Moon full:Saba
- 11. Boenninghausen: Cough Excited or Aggravated by Moon new: Saba, Sil
- 12.Boenninghausen (Aggravation and Amelioration in General): Moon, new, agg: Alu, amc,arn., ars,buf,calc-c, caus,cina,croc,cup,lyc,saba,sep,SIL,thu new and full: Alu, Croc, Kali-bi, sil full, agg: Alu, arn, ars, bell, calc-c, caus, croc, cyc, flu-ac, grap, kali-n, lic, nat-c, pso, saba, sep, sil, spo, sul
- 13. Boenninghausen: Moon increasing and decreasing with:clem, phel 14.Boenninghausen: Moon waning, agg: Daph-i, dul, sul
- 15. Boenninghausen: Moon waxing, agg: Alu, clem, cup, lyc, stap, Thu
- 16. Boenninghausen: Moonlight agg: Ant-c, calc-c,sep,sul
- 17. Phatak Repertory: Moonlight agg Blindness: Bell
- 18. Phatak Repertory: Moon Phases: First Quarter Age: Ars; Bry; Nat-m
- 19. Phatak Repertory: Moon Phases increasing agg: Thuja
- 20. Phatak Repertory: Moon Phases last quarter agg: lyc, sep
- 21. Phatak Repertory: Moon Phases waning agg: Daph¹³

Preparation of medicine LUNA: Sugar of milk is exposed on a glass plate to the full moon's rays and stirred with a glass rod to charge is then dynamized. [Fincke] Higgins made a preparation by exposing pure water to the moon's rays for 3 or 4 hours in south America and then do the process of dynamization of the water.^{3,19}

Materia Medica: moon is known to influence the formative tides, the generative sphere, the head and lowelimb. ^{3,20} Clinical: acidity, epilepsy, headache, inter menstrual flow, oedema, Physometra, somnambulism, worms. ¹⁹ Characteristics:

Nervous affections esp. in subject of sycosis are frequently influenced.

- Mind: irritability on being spoken to, want to let alone. Disinclined for mental or physical labour. Mental faculties esp. ability to receive, retain, and express ideas, are most powerfully affected by the full rays of the moon in tropical countries which mostly felt the day before the full moon.
- Eye: weakness of eyes and feeling of sand
- Mouth: bitter teste at the side of tongue with increased flow of saliva.
- Female: menses less free with strings of dark blood and colic pain above umbilicus > by eructation. Menses return 2 days after ceasing. Flow amounting to haemorrhage.
- Chest: after ascending the stairs, a peculiar heating sensation begins at lower part of sternum and extending outward.
- Skin: stinging itching on right side of body as if an insect was biting the parts esp. foot, leg, and forearm.
- Sleep: as if didn't sleep on waking. Dreams horrible, of death, of murder; wakes up affreid.
- Modality: > open air, cold application, belching, by passing flatus from vagina. < after sleep, milk.²⁰

Conclusion: energy sources especially moon is one of the very important curative substances which is somewhat neglected by the current therapy. Homoeopathy has a medicine name Luna which is prepared from the moon rays.

Luna has a wide sphere of characteristic symptom which can be helpful if used according to law of similia. This source also should be considered while treating the patients to get better and beneficial result holistically.

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Student's Corner

Ayushi Narendrasinh Solanki (3rd BHMS)

Diabetes Mellitus

- ➤ Type-1(Juvenile)
- Destruction of beta cells of pancreas
- > Autoimmune process
- > Idiopathic

➤ Type-2(Adult onset)

Obesity, lack of physical activity, family history

Other types: Gestational diabetes, MODY, Insulin resistance

- **D** Dyslipidemia
- <u>I</u> Increase urination
- A Acanthosis nigricans
- **B** Blurred vision
- $\underline{\mathbf{E}}$ Emaciation
- $\underline{\mathbf{T}}$ Thirsty
- **E** Excessive hunger
- $\underline{\mathbf{S}}$ Sweating
- M Malnutrition
- **E** Exhausted
- $\underline{\mathbf{L}}$ Low immunity
- **L** Leading cause of ESRD
- **I** Increased blood pressure
- $\underline{\mathbf{T}}$ Tingling and numbness
- **U** Unhealed wound
- S Stroke

Reference book: API textbook of medicine by Y P Munjal

CME

PRIMARY TRAUMA CARE WORKSHOPS

SUPPORTED BY THE MINISTRY OF AYUSH, GOVERNMENT OF INDIA

Venue:- Seminar Hall, College Campus.

SATURDAY 5 OCT 2024

SUNDAY 6 OCT 2024

09 am Onwards

: Organized by :



IQAC Cell- Swami Vivekanand Homoeopathic Medical College & Hospital-Bhavnagar-Gujarat.

🗲 svhmcBhavnagar; 🌘 svhmc; 💓 SvhmcBvn; 🤲 www.svhmc.org





Dedication

Devotion

Discipline

ON OCCASION OF WORLD TRAUMA DAY WORKSHOP ON

FIRST-AID PRINCIPLES- WOUNDS & DIFFERENT TYPES OF BANDAGES - HANDS ON TRAINING -Speaker-

Venue:- Seminar Hall, College Campus.

SUNDAY 20 OCT 2024 09:00 am Onwards



Dr. Prakash Bhatt





IQAC Cell- Swami Vivekanand Homoeopathic Medical College & Hospital-Bhavnagar-Gujarat.

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Discipline

Dedication

Devotion

Faculty Development Programme

CONTINUES MEDICAL EDUCATION

DENGUE FEVER

Venue:- Seminar Hall, College Campus.

SUNDAY 20 OCT 2024 10:00 am Onwards

: Organized by:

IQAC Cell- Swami Vivekanand Homoeopathic Medical College & Hospital-Bhavnagar-Gujarat. -Speaker-



Dr. Shital Parikh MB.D.Ped.

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Faculty Development Programme

ON OCCASION OF WORLD REPTILE AWARENESS DAY CONTINUES MEDICAL EDUCATION

Presentation on Snakes

Venue:- Seminar Hall, College Campus.

MONDAY

21 OCT 2024 03:00 pm Onwards

-Speaker-



: Organized by:



IQAC Cell- Swami Vivekanand Homoeopathic Medical College & Hospital-Bhavnagar-Gujarat.

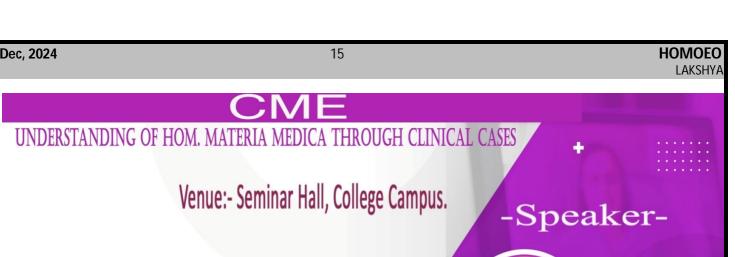
Mr. Yashpal Vyas

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Discipline Dedication Devotion





SUNDAY 24 NOV 2024 10 Am Onwards

: Organized by:

Swami Vivekanand Homoeopathic Medical College & Hospital-Bhavnagar-Gujarat.



Dr. KISHOR RANG



Discipline Dedication Devotion



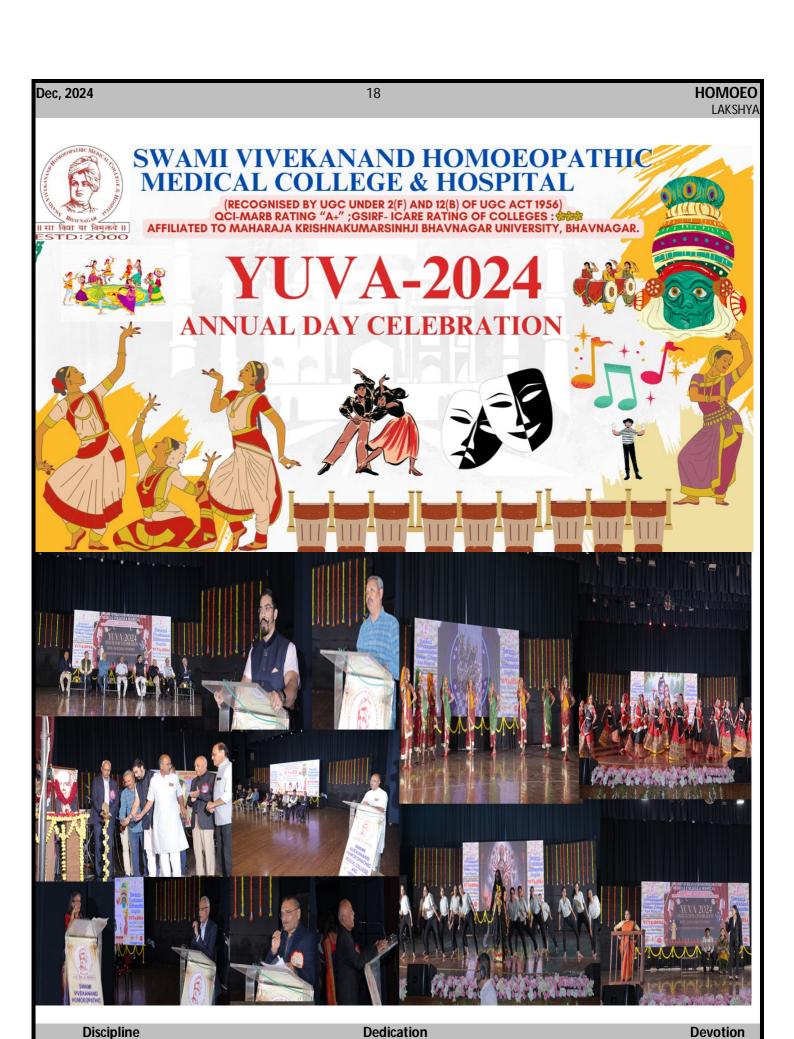


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