







## HOMOEOPATHY INTERVENTION FOR PREVENTION OF CORONAVIRUS LIKE INFECTIONS

(Do not Panic, Special care required for Old and immunodeficient persons)

### HOMOEOPATHIC INTERVENTION



- Based on published symptoms and signs of patients of coronavirus in Wuhan, China, experts recommended taking one dose of *Arsenicum album* 30 (4 pills of size 30 by adults and 2 pills of size 30 by children) daily, on empty stomach, for 3 days.
- The dose should be repeated after one month by following the same schedule in case risk of Coronavirus conditions persist.
- General hygiene measures (Do's and Don'ts) as suggested by the Ministry of Health and Family Welfare, Government of India, for prevention of the disease, should be followed by the public.

DOs	DON'Ts
<ul style="list-style-type: none"><li>✓ Observe good personal hygiene.</li><li>✓ Practice frequent hand washing with soap.</li><li>✓ Follow respiratory etiquettes - cover your mouth when coughing or sneezing.</li></ul> 	<ul style="list-style-type: none"><li>x Shake hand or use other contact greeting</li><li>x Spit in public</li><li>x Take medicines without consulting the physician</li><li>x Fasting for long or overeating</li><li>x Take physical and mental stress</li><li>x Don't plan travel if sick.</li></ul>  
<ul style="list-style-type: none"><li>✓ Avoid close contact with people who are unwell or showing symptoms of illness, such as cough, runny nose etc.</li><li>✓ Avoid contact with live animals and consumption of raw/undercooked meats.</li><li>✓ Avoid travel to farms, live animal markets or where animals are slaughtered.</li><li>✓ Wear a mask if you have respiratory symptoms such as cough or runny nose.</li></ul> 	
<ul style="list-style-type: none"><li>✓ Seek medical attention promptly.</li><li>✓ If you get symptom of coronavirus like infection, consult medical doctor and go for self-isolation till you are free from symptoms.</li></ul>	

👉 Visit your nearest doctor or health service centre immediately if you develop any symptoms of Coronavirus infection like:

• Fever • Cough • Bodyache • Breathing problem

Issued in public interest by

**CENTRAL COUNCIL FOR RESEARCH IN HOMOEOPATHY**

Ministry of AYUSH, Government of India

Tel.:011- 28525388, Email: ccrh.dengue@gmail.com, Website: www.ccrhindia.nic.in