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PARALYSIS AGITANS AND REPERTORY: GOOD GUIDE TO MANAGE CASE OF PARKINSON

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INTRODUCTION:

Parkinson's disease is Neuro-degenerative disorder with Poor Prognosis. These types of cases are well managed by Homeopathic Medicines. One of the Fundamental pillars of Homeopathy i.e., Repertory provides a good guidance regarding remedy selection for the Parkinson's case with its extensive source of various rubrics. So, it is better scope for Homeopathy to manage such cases of Poor Prognosis and give Qualitative Life to Suffering Humanity.

PARKINSON'S DISEASE (PARALYSIS AGITANS, SHAKING PALSY)

Slowly Progressive degenerative condition of extra-pyramidal system, resulting in disturbance of motor function and characterized by slowing of body movements, muscular rigidity, tremors and postural disturbances.

James Parkinson first described, in 1817, the classical manifestations of this syndrome in a paper entitled 'Essay on shaking palsy'

ETIOLOGY:

Idiopathic

Frequently associated with atherosclerosis

Peak age-50-60 years

Sex: common in males

PATHOLOGY:

Primary degeneration of neuronal cells of basal ganglia which is characterized by reduced dopamine, excess of acetylcholine and GABA. If there is atherosclerotic Parkinsonism then evidence points that disease is due to reduction in cerebral blood flow.

CLINICAL FEATURES:**Symptom -**

Onset insidious, disease usually starts in upper limb of one side, tremors in hands, slowing of involuntary movements, clumsiness, inability to perform fine movements (Needle work, fastening buttons, tying shoe laces, dressing), difficulty in writing and speaking, excessive sweating, heat intolerance.

In late stage- loss of appetite, weight loss.

Signs:

Posture: Stooped forward as if about to fall, flexion of neck, trunk and limbs, difficulty in walking and turning.

Gait: freezing, Gait hesitation, shuffling gait, festinating gait, Propulsion or repulsion.

Face: smooth, expressionless, blepharospasm, Glabella tap positive, Drooling of saliva.

Speech: Slow, Soft, Monotonous, Slurring of Consonants

Tremor: Starts mostly in hands later in lower extremities, resting tremor

Bradykinesia: slowing of movement

Rigidity: Cogwheel and Lead pipe (Late features)

Handwriting: micrographia- small size of words.

CLINICAL STAGING: HOEHN AND YAHR CLINICAL STAGING

Stage I- Unilateral involvement and functional disturbance

Stage II- Bilateral involvement, no impairment of balance

Stage III- Unsteadiness, mild to moderate disability

Stage IV- Fully developed disease, severe disability

Stage V- Confined to bed.

COMPLICATIONS:

Depression, Dementia, Death (due to Bed sores, intercurrent infection, hypothermia and starvation)

INVESTIGATION:

Diagnosis is based on clinical finding, CT of brain to exclude other diseases.

PROGNOSIS:

Chronic Progressive course with poor prognosis, Average life span: 10-15 years after onset.

THERAPEUTIC AIM:

To provide symptomatic relief, limit disability and give quality of life.

GENERAL MANAGEMENT:

Reassurance, encourage patient to maintain mobility and good general health. Daily massage, Prevent intercurrent infection

REPERTORIAL ASPECT (Rubrics)**❖ Kent's repertory–**○ *Generalities* –

▪ Paralysis agitans –

- Organs, of
- One sided
- Painless
- Internally
- One sided: left
 - Right
 - Apoplexy, after
 - Coldness of the paralyzes part, with
 - Convulsions, after
 - Heat in the paralyzed part
 - Hyperesthesia of the well side
 - Suppression of eruptions
- Post diphtheritic
- Extends from: upwards
 - Above downwards
- Single parts
- Gradually appearing

- Intermittent fever, after

❖ **BBCR** –

- *Sensation and complaints in general*
 - Paralysis agitans

❖ **Boericke's repertory** –

- *Nervous system* –
 - Paralysis: remedies in general: agitans

❖ **Synoptic key** –

- *Supplementary references* –
 - Paralysis etc.: agitans

❖ **Clarke's repertory** –

- *Clinical* –
 - Paralysis: agitans

❖ **Phatak's repertory** –

- *Paralysis agitans*

❖ **Knerr's repertory** –

- *Mind and disposition* –
 - Depressed (dejected, despondent): twitching, with spasmodic, of muscles, especially of face (paralysis agitans)
 - Emotions: paralysis, causes: agitans
 - Melancholy: muscles, with spasmodic twitching of, especially of face (paralysis agitans)
- *Nerves* –
 - Paralysis: agitans
 - Paralysis: agitans
 - Head and body hang forward, the former oscillating continually
 - Lesion, structural, has not taken place
 - Mental distress, caused by, commence with pain in arms and itching and trembling in left leg, with inability to remain in bed, had to walk floor
 - Oscillation, inclination to, of body, after writing
 - Raise, cannot, himself to erect sitting posture, must be fed
 - Sits on a stool constant motion, cannot remain quite moment
 - Trembling: paralysis, in: agitans, better in horizontal position
 - Twitching (jactitation, jerking, subsultus tendinum): paralysis: agitans, especially in face, with melancholy and depression of spirit
- *Urine: clear (limpid): paralysis: agitans, in*
 - Sediment: brick dust, in paralysis agitans
- *Heart, pulse and circulation* –
 - Pulse: small: paralysis agitans, in
 - Soft: paralysis agitans, in
 - Upper limbs –
 - Finger: pricking: paralysis agitans, in

- Hands: trembling: left: of, as in paralysis agitans
- Lower limbs –
 - Feet: pricking: paralysis agitans, in
 - Walking: unsteadiness: extreme, he can stand a short time, knees shaking, constantly falls over feet if he takes a few steps and is not able to rise again without assistance (paralysis agitans)
- Limbs in general –
 - Trembling: Paralysis agitans, in
- Sleep –
 - During sleep: stating: spasmodic, frequent (paralysis agitans)
- Tissue –
 - Muscles: flabby, in paralysis agitans

❖ Gentry's repertory –

○ *The nerves* –

- Chorea: twitchings: when awake; speech defective; hearts' action exhilarated; pupils dilated; appears frightened; as if looking for sympathy; upper part of body affected laterally and downward; jerking of mouth; snapping of eyelids; constant jerking forward and other irregular movements; paralysis agitans
- Controlled: trembling of hands and tongue; trembling and weakness after least excitement; tremors always commencing in fingers; involuntary motions which cannot be momentarily controlled by the will; paralysis agitans (Excitement, Fingers)
- Hands: paralysis agitans; trembling of knees when standing and hands when writing, preceded by occasional attack of vertigo for some time before paralysis is developed
 - trembling of hands and tongue; trembling and weakness after least excitement; tremors always commencing in fingers; involuntary motions which cannot be momentarily controlled by the will; paralysis agitans
- limbs: paralysis agitans; in old age; senile; with loss of memory and trembling of limbs (loss, memory, old age)

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1. Chauhan V.K., Gupta Meena, Homeopathic Principles and Practice of medicine, 5th edition; India: B. Jain Publishers (P) Ltd.; 2007
2. HomopathZomeo 3.0

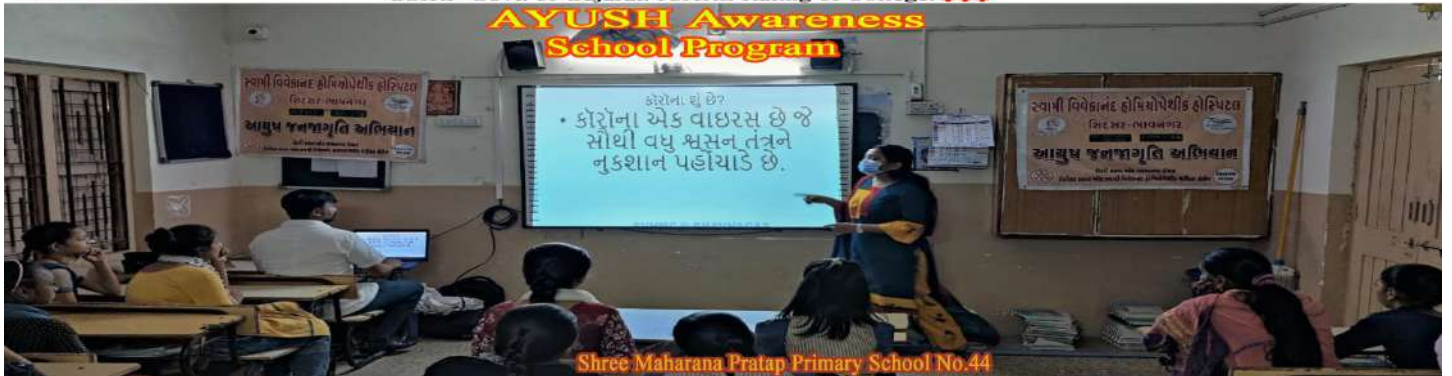


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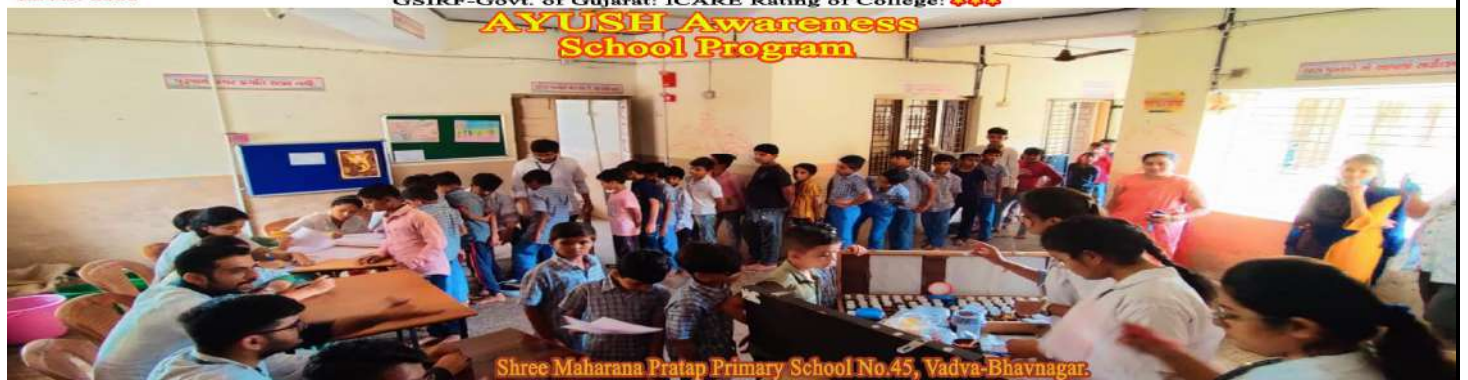
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"Department of F.M.T."
Date:- 20-04-2022

Anatomy Pledge-2022









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"Yoga Preparatory Session"



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